Volume 1 Issue 2

Infection Control News



Infection Control Society of Southern Africa

It seems like only yesterday that I wrote something for the first newsletter, and my first reaction on being reminded that another contribution was due was to wonder what on earth to write about. However, after not too much thought I realised that things are happening all the time – sometimes when you're in the middle you don't realise as acutely that things are changing.

Much work has gone into improving the FIDSSA website, and the ICSSA site is also going to be undergoing changes. We have sections on the site for "Resources" and "News and Events", and while Lesley, Joy and I will do what we can to keep these updated, we also need feedback from you as to what you want to have available on the site. If you have any resources or events that you want publicised please let one of us know (and we will also set up a link on the site for you to post suggestions directly).

The Free State chapter has had to unfortunately cut down the number of meetings being held for logistical reasons, and have started their own eMICI newsletter (Multidisciplinary Infection Control Indaba), and this will be available on the ICSSA website as well. Tygerberg Hospital is hosting an Infection Control Day on the 2nd Nov (contact Yolanda Gouws at yolandag@sun.ac.za), and the IPCAN / IFIC congress will be held at Spier at the end of August.

A brief update on the Best Care... Always campaign. As I mentioned in the last letter, a workshop had been held in Gauteng as well as an information session in the Free State during May 2010. Future plans for Free State BCA: The ten pilot hospitals (1 Academic, 5 Regional and 4 District) will be meeting on 26 August 2010 for a follow-up work-shop. Each team will give a short presentation on the implementation of the bundles at their facility and challenges they experienced. The FS Standard Compliance Sub-Directorate will assess progress, provide support and carry out assessments at said hospitals during the next six months. Dr Victor Litlhakanyana will be arranging a meeting with the Free State Department of Health's doctors to inform them of the Best Care... Always Campaign and to lobby for their support in implementing the care bundles.

Plans are underway to organise something similar in Cape Town, and a national strategic planning session is planned for September. For those not yet involved, please visit the website (www.bestcare.org.za)

As always, if you want to contact ICSSA for any reason (complaints, praise, suggestions, donations of money...) please feel free to contact either Joy Cleghorn (joy.cleghorn@lifehealthcare.co.za), Lesley Devenish (Lesley.Devenish@netcare.co.za) or myself (Andrew.whitelaw@uct.ac.za)

Book Review - Adult HIV; A learning programme for professionals



Developed by the Desmond Tutu HIV Foundation There are now an increasing number of local and international books on HIV Medicine which act as comprehensive reference texts. In contrast to these, *Adult HIV; A learning programme for professionals* is aimed more at giving the target audience, doctors and nurses working at primary level clinics and family practitioners, the skills with which to manage HIV patients from pre-testing to antiretroviral therapy and beyond. In so doing, it de-centralizes training, taking the teaching course to the practitioner rather than vice-versa. Part of a successful series of HIV-related publications from EBW Healthcare, this book developed by the Desmond Tutu HIV Foundation in Cape Town, uses a question and answer format to bring out the important issues in HIV management. The format guides the reader through each step in the management process and transfers the skills necessary for a comprehensive approach to HIV care. Unlike many textbooks, there is a strong emphasis on the social issues surrounding HIV care, helping the practitioner to ensure patients are retained in care once they start on antiretroviral therapy.

This book is highly recommended for the non-HIV specialist that needs to acquire the skills to manage HIV patients in the community in a safe and effective manner.

Copies of the book can be ordered at http://ebwhealthcare.com/content/section/7/32/ retailing at R100.

Page 5